

TOS NEWSLETTER



Dr. G. Mukesh Mohan
President TOS



Dr. J. Terrence Jose Jerome
Secretary TOS

Welcome Message

A Heartfelt Thank You to Our Dedicated Members

Dear Esteemed Members,

I hope this letter finds you well. As the Secretary of the Trichy Orthopedic Society, it is my privilege to extend a warm welcome to the August edition of our newsletter. This month, I want to take a moment to express our sincere gratitude and admiration for the remarkable efforts put forth by each and every one of you during our Bone and Joint Day activities and other National Bone and Joint Day initiatives.

Celebrating Your Dedication:

The success of our recent National Bone and Joint Day celebrations would not have been possible without your tireless commitment and dedication. From organizing first aid awareness at schools, colleges and various places, educational webinars to conducting awareness campaigns, your enthusiasm and expertise shone brightly, spreading knowledge & promoting the importance of orthopedic health in our community.

Sharing Success Stories:

In this newsletter, we'll be featuring stories and testimonials from members who actively participated in our recent activities. We want to celebrate your achievements, highlight your contributions, and inspire others with your dedication to the field of orthopedics.

Looking Ahead:

As we move forward into September and the rest of the year, we have exciting plans to continue our mission of promoting orthopedic health and professional growth. Stay tuned for announcements regarding upcoming first annual TOS conferences, BRACE hip and knee workshops, and community outreach initiatives where we can make a meaningful impact together.

Your Feedback Matters:

Your feedback and suggestions are invaluable to us. We are constantly striving to improve and enhance our offerings. If you have any ideas, comments, or suggestions for the society or the newsletter, please feel free to reach out to us. We welcome your input with open arms.

Once again, thank you for your unwavering dedication to the Trichy Orthopedic Society. Your efforts have made a lasting impact on our community, and we are proud to have such a passionate and talented group of individuals as part of our society.

As we embark on the journey ahead, let us continue to work together, learn from each other, and inspire the next generation of orthopedic professionals.

Warm Regards,

Dr J. Terrence Jose Jerome
Secretary, Trichy Orthopedic Society

Bone and Joint Day Activities:

Trichy Orthopedic Society (TOS) has kicked started the week-long Bone and Joint Day activities by Training the Basic life support to Trichy Rotary club at the Hotel Breeze

Dr J. Terrence Jose Jerome, Secretary of TOS, was the chief guest and delivered the awe-gathering. It was an intriguing interactive session that benefitted them in changing the myth into reality through proper and timely life-saving measures



Bone and Joint Day activities at Govt Law College, Trichy

What a great day when you addressed an enthusing law student about Basic Life Support it was an enlightening and fantastic feeling to teach young minds with a demo mannequins about first aid, basic life-saving measures and healthy bone lifesty Each student performed well and was exemplary in learning and executing cardiopulmonary resuscitation (CPR) and first aid measures A certificate of merit was given to all, marking their significant achievements Special thanks to Dean, Govt Law College, Trichy, prof Dr Murugesan and my dear colleague Dr Saravanel for their tremendous support in making this happen during the National Bone and joint day activities The mission of “ Each one save one train one “ mission was successful





Bone and Joint Day activities

at Mookambikai Engineering College, Keeranur, Pudhukottai

Trichy Orthopedic Society's continuous Bone and Joint Day activities hit a remarkable third-day event of teaching and demonstrating essential life support to Mookambikai Engineering College. Lots of superstitions and myths related to first aid were wiped, and the right way to save life was germinated. Special thanks to the Principal, Dr.Kanagaraj and the management of Mookambikai College for their arrangements and great hospitality.

Engineering students engineered the first aid and basis of CPR and life support measures



Free BMD Camp at Mukesh Arthro Care clinic for bone and joint week celebration:

IOA President Theme
Strong Bone Stronger Nation



TNOA President Theme
Imbibe Technology - Inspire Youngsters

Mukesh Arthro Care Hospital & Trichy Orthopaedic society

welcomes you for

Bone and Joint Day Celebration week

BASIC LIFE SUPPORT TRAINING PROGRAM

for Police Personnels

Theme: **Each ONE Train ONE Save ONE**

on **August 6th 2023** | 10:00 am to 2:00 pm

Venue: **Mukesh Arthro Care Hospital,**
Annamalai Nagar, Trichy 18

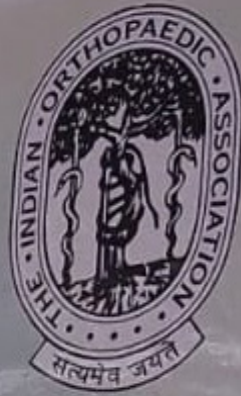
Chief Guest

Honourable **Mr. G. KARTHIKEYAN, I.P.S.,**
Inspector General of Police, Central zone, Trichy

Inviting You all with pleasure

Dr. G. Mukesh Mohan, MS, DNB Ortho
Robotic Joint replacement Surgeon





INDIAN ORTHOPAEDIC ASSOCIATION BONE & JOINT DAY 2023 BASIC LIFE SUPPORT TRAINING

4th August 2023

Theme : Each ONE Train ONE Save ONE

Speaker - **Dr. S.Jaikish** M.S.Orth., D.Orth.,

Venue : National College

PG & Research Department of Physical Education and Sports Sciences ,

Date : 04.08.2023 Friday, Time - 3.00 pm to 4.00 pm

Organised by **ATLAS HOSPITAL & DEPARTMENT OF PHYSICAL EDUCATION**

34/1, first Cross, V.N. Nagar, Karur Bypass Road, Near Chathiram Bus Stand, Tri

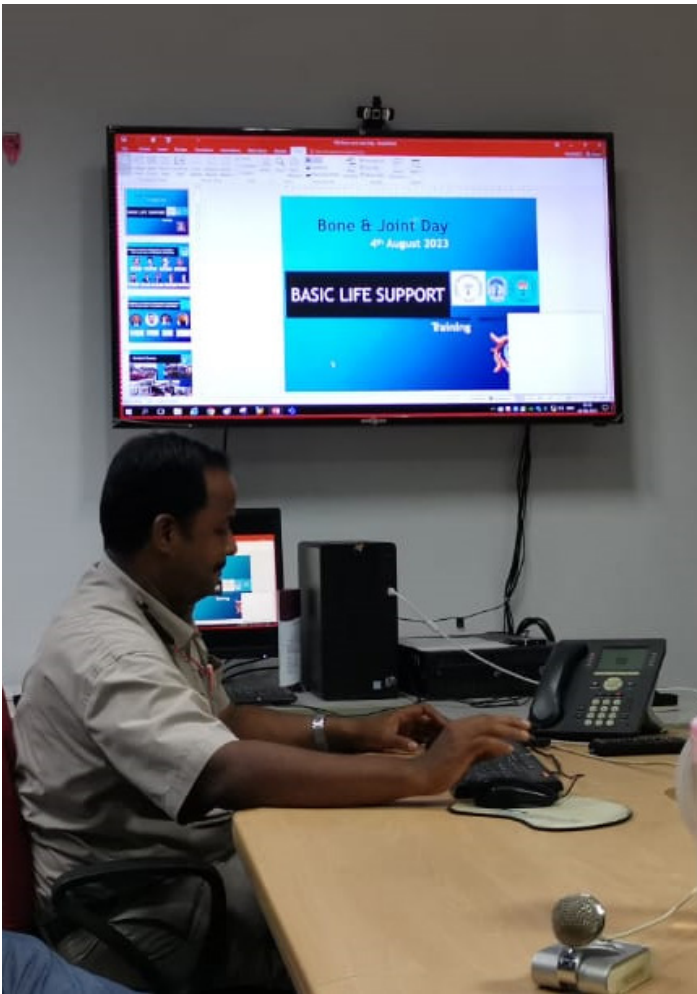
Dr. C.J.Ravi M.S.Orth
TNOA Secretary

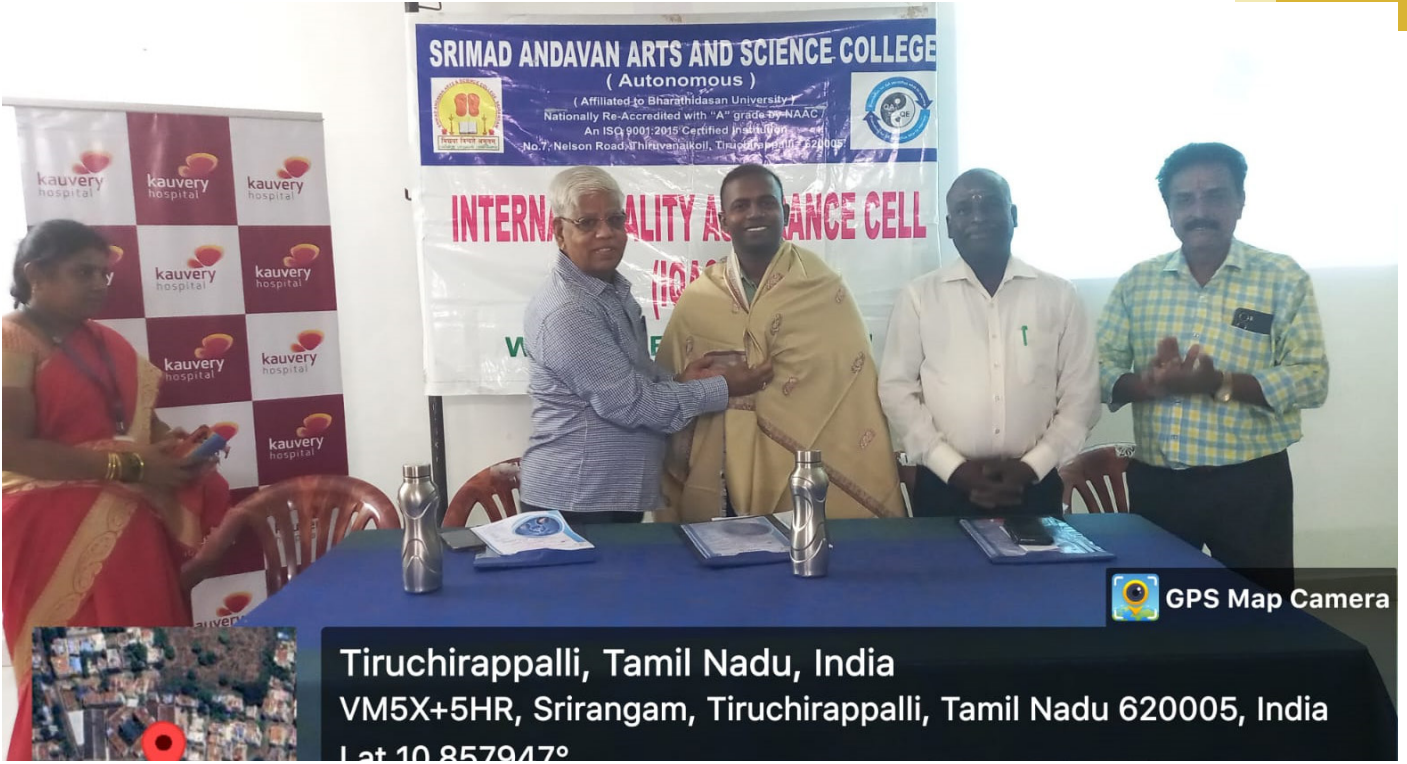
Dr. G.Mukeshmohan
TOS P



Happy to share the pictures of our department Bone and joint week activities in the past two days. Dr Kalaivanan interacted with elderly people at old ages homes in Trichy. Sai Saran and Amaithi nilayam.







Tiruchirappalli, Tamil Nadu, India
 VM5X+5HR, Srirangam, Tiruchirappalli, Tamil Nadu 620005, India
 Lat 10.857947°



BMD Camp held at Srinivasan Medical College into the TOC / TNOA activity towards National Bone & Joint Day



BLS Course conducted on 4th at Srinivasan Medical College





TRICHY ORTHOPAEDIC SOCIETY & TRICHY ONCO SOCIETY

welcome you for

THE MONTHLY MEETING

August 24th | 8:00 pm - 10:00 pm

Hotel Oxina Lygon, Trichy

TOPIC

SPEAKER

Management of Ewing's Sarcoma

Dr.S.Arun Raja, MBBS., DMRT., DNB(RT),
DrNB(Med Onco), PDCC (Hemato-Oncology)& BMT.,

Consultant Medical Oncologist
Amrish Oncology Services Pvt Ltd.,
Dr.G.Viswanathan CBCC Cancer Center , Trichy.

Upper Limb Malignancies -
Resection & Reconstruction.

Prof Dr.Anand Raja, M.Ch.,

Cancer Institute (WIA), Chennai.

Limb salvage in bone tumours

Dr.G.Mukesh Mohan, MS,DNB Ortho.,

Mukesh Arthro Care , Trichy

Spine tumours- How to approach

Dr.S.Jaikish, M.S.Orth.,D.Orth.,

Atlas Hospital, Trichy

Aggressive GCT of hand -
management

Dr.S.Balaji M. S. Orth; FNB.,

Atlas Hospital, Trichy

Giant cell tumor - case discussion

Dr. Rajesh Kumar, MS Ortho

Maruti Hospital, Trichy



MEMBERS ACHIEVEMENT

My self Dr. Kalaivanan Masilamani, Consultant Orthopaedic surgeon (Trichy) & a SICOT member [ID: 30582] Since 2017. I have been waiting for the Arthroplasty Fellowship Programme under Dr. George A. Macheras. The COVID-19/Omicron pandemic has been a hindrance to the Fellowship Programme. Finally, I was selected for the 2022 SICOT meets SICOT Fellowship (Arthroplasty Fellowship) at The KAT Hospital in Athens, Greece. It was like a dream come true for me when I reached The KAT Hospital and met Dr. George A. Macheras & Dr. Stamatios Papadakis on June 15, 2023. I am very excited and have learned many new techniques in Total Knee and Hip Arthroplasty. The KAT Hospital specializes in the management of Trauma, Spine, Arthroplasty and has a total of six clinics for General Orthopedics, each one for Vertebral & Spine Department, Microsurgery, Sports, and Pediatric Orthopedics, respectively, run by world-famous legendary surgeons. It was an amazing and unforgettable experience of my life at KAT. I am deeply indebted to Dr. George A. Macheras, Dr. Stamatios Papadakis, and their team at KAT Hospital. I am incredibly grateful to them for teaching me new skills in knee and



With Dr. George A. Macheras (Hip & Knee surgeon)

hip procedures.

Apart from KAT Hospital, Athens city, and Greece, there were many attractive places, especially numerous ancient archaeological sites in and around the area. I devoted most of my time to the Hip and Knee Arthroplasty theaters, particularly in revision and complex cases. During my four-week Fellowship period, I observed nearly 100 cases and assisted in a few Hip and Knee arthroplasty procedures.

I attended a two-day Hip and

Knee Reconstruction Program, including a hands-on cadaveric practice session, on June 20th and 21st, 2023, at ATTIKON Athens General University Hospital AKISA Building. The sessions were moderated by world-renowned professors. I had a great opportunity to learn AMIS (Anterior Minimally Invasive Surgery) and DAA (Direct Anterior Approach) to Total Hip Arthroplasty, especially with Dr. George A. Macheras. I also had the chance to engage in discussions and debates on various concepts with professors, gaining valuable insights from their surgical skills and experienced knowledge.

During my time there, I interacted with fellows from different countries, such as Oman, and the discussions with my fellow colleagues were also memorable. First and foremost, I would like to express my gratitude to SICOT for providing me with this unforgettable experience. I have gained immensely from this fantastic fellowship program. Without the SICOT Fellowship Program, it would have been impossible for me to visit Athens, Greece, and enhance my knowledge of Hip and Knee

Arthroplasty.

Once again, I extend my heart felt thanks to SICOT for making this wonderful fellowship program possible for me.



With Dr. Stamatios Papadakis (KAT hospital, Greece)

Happy to inform you that about my recent academic activities related to AO Spine.

1. AO spine MISS SPECTRUM online course (2months)
2. AO spine MISS -soft cadaver lab training



Certificate

Course participant certificate

Rajkumar Nallan

Attended and completed
AO Spine Online Course—The MISS Spectrum Series

Date/location
Online | April 1 - May 27, 2023

Course chairperson(s)
Christoph Hofstetter (United States), Avelino Parajon (Spain)


 Pedro Berjano
 Chairperson AO Spine Europe and Southern Africa


 Asdrubal Falavigna
 Chairperson AO Spine International Board


 Florian Gebhard
 AO Foundation President



AO Spine Online Course—The MISS Spectrum Series

Online, April 1–May 26, 2023



This is Dr Balaji Sambandam from Atlas hospital. I have cleared the MRCS England exam conducted on 13th July 2023. I am happy to share this TOS newsletter. I have attached my result along with this mail.



Royal College
of Surgeons
of England

ADVANCING SURGICAL CARE

Dr B S

Via email

07/12/2020

Candidate ID: **9309861**

Candidate Number: **2461**

Dear Dr S

Intercollegiate MRCS Part A – September 2020

Result for Part A = Pass

I am pleased to inform you that you have been successful in the above examination.

Maximum possible score overall: 299

Overall score required to pass: 230

Your overall score: 264



Exam Paper		Max. possible score	Your score	Average of all candidates' scores
ABS paper	Overall (entire ABS paper)	180	161	
	Content Area			
	Anatomy	75	70	55.05
	Physiology + Pharmacology	50	44	36.39
	Pathology + Microbiology	44	38	32.74
PoSG paper	Overall (entire PoSG paper)	119	103	
	Content Area			
	Common surgical conditions	55	45	38.81
	Perioperative management	31	29	23.02
	Trauma	27	24	17.97



Royal College
of Surgeons

ADVANCING SURGICAL CARE

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Visit Us @ <http://www.trichyos.com/web>