

# TOS NEWSLETTER



**Dr. G. Mukesh Mohan**  
*President TOS*



**Dr. J. Terrence Jose Jerome**  
*Secretary TOS*

## President Message

Dear Orthopods of TOS,

I am very much delighted in reaching you all through our newsletter. TOS always aims to give the best of knowledge to all by conducting meetings with high quality content. Our monthly meeting has proven this fact. We wish to continue this trend in the coming months too. We wish to see more number of post graduate and younger colleague presentations. Video presentations of common procedures are a novel way to teach our younger colleagues. Senior colleagues can update us by sharing the tips and tricks. Wish to see TOS bloom in a magnificent way. Happy learning always.

Keep reading! Keep us updating!

Looking forward  
**Dr. G. Mukesh Mohan**  
*President, Trichy Orthopaedic Society*

# Trichy Orthopaedics Society

## February 2023 meetings

A record-breaking monthly meeting held at the SRM hotel on 18 February 2023 witnessed the best postgraduate paper presentation, member's presentations, Guest talk by eminent faculty Dr. Vishnu Prasath, and intriguing discussions



### TRICHY ORTHOPAEDIC SOCIETY

*Cordially invite you for the February month's TOS meet on 18th February 2023 (18.02.2023) @ Hotel SRM, Race-course Road, Trichy*

SL.NO	TOPIC	PRESENTED BY	TIMINGS
1	தமிழ்நாடு வர்த்து		8:00 pm
2	Welcome address	Dr. Mukesh Mohan, President, TOS	8:05 - 8:10 pm
3	Pott's spine- an unusual presentation	Dr. K.N.Jotheshwari, Postgraduate SRM Medical College	8:10 - 8:20 pm
4	Modified dunn's procedure in acute on chronic acfe - case report	Dr. Karthikeyan Postgraduate KAPV Medical College Trichy	8:20 - 8:30 pm
5	Anterograde removal of broken intramedullary nails: a new simple technique	Dr. Senthil VJ SRM Evergreen Hospital, Trichy	8:30 - 8:40 pm
6	Burkholderia pseudomallei-unusual case of bilateral septic arthritis- case report	Dr. Karthick Vyapuri Vaidhal Hospital & Surbaram Hospital, Trichy	8:40 - 8:50 pm
7	Intra-Articular Benign Bone Lesions Treated by Trap Door Technique	Dr. Rajesh Kumar L Morathi Hospital, Trichy	8:50 - 9:00 pm
8	An unusual complication in spine surgery managed by transforaminal endoscopy	Dr. Mukesh Mohan Mukesh Arthrocare Hospital, Trichy	9:00 - 9:10 pm
9	Proximal femoral osteotomies in 2 different pathologies and age groups	Dr. K. Balasubramanian, Apollo Hospital, Trichy	9:10 - 9:20 pm
10	Introduction of the speaker/ Felicitation	Dr. J. Terrence Jose Jerome, Secretary, IOS	9:20 - 9:25 pm
11	*தமிழ்நாடு - Guest speaker	Dr. Vishnu Prasath, SRS Hospitals, Salem	9:25 - 9:45 pm
12	Vote of Thanks	Dr. Ramesh Prabu, Joint Secretary	9:45 - 9:50 pm
13	National Anthem		
14	Food and Beverages		9:53 pm onwards

The judge's decision is final for the Best Postgraduate Presentation for the February monthly meeting.

**Dr. G. Mukesh Mohan**  
President TOS

IOA president theme  
*Strong Bone Stronger Nation*

**Dr. J. Terrence Jose Jerome**  
Secretary TOS

TNOA President theme  
*Imbibe Technology - Inspire Youngsters*

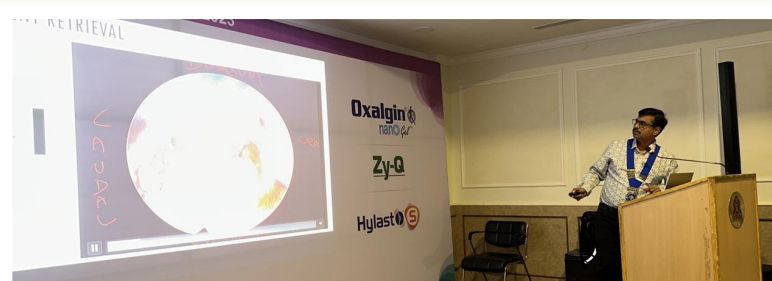
**Dr. I. Geethan**  
Treasurer TOS

Sponsors: Zydus Pharmaceuticals

Special thanks to the president, joint-secretary, treasurer, EC Members, eminent teachers, especially from the medical colleges, and members, for their timely presence and active participation

A greatly appreciated event was the awe inspiring and Nobel contribution of நமர்ந்து நீல் project by Dr. Vishnu prasath

The meeting started and ended on time with an excellent future



# Tamilnadu Medical Council Credit Points for Trichy Orthopedic Society Monthly Meetings

Dear All

It's with great pleasure I inform you that the Tamilnadu Medical Council has credited 1 hour for our monthly meetings

It's the first of a kind for us, and we strive to keep this educational program going. Trichy Orthopaedics Society has been the forerunner for excellence and innovations .



**Tamilnadu Medical Council**  
#914, Poonamallee High Road, Arumbakkam, Chennai, India - 600 106.  
<https://tamilnadumedicalcouncil.org>

**Continuing Medical Education Certificate**

**Trichy Ortho Society Monthly Meeting & CME**

on **18 Feb, 2023** (1 Day)  
**To be held at**  
Hotel SRM, Race Course Road, Trichy, Trichy, Tamil Nadu, India-620023  
**Conducted by**  
**Tamilnadu Orthopaedic Association**  
This institute activity has been reviewed, accredited, and it has been awarded



**1**  
Credit Hour\*

\* One additional credit hour will be awarded to the speakers per day



Dr. R. Shanmugam

**7284932**



Please use this link to verify  
<https://www.tamilnadumedicalcouncil.org/verify/7284932>  
or Scan the QR Code

Awarded on  
**14 Feb, 2023**

# A rare case of femoral neck deformity in a pediatric patient

Dr K. Balasubramanian

*Sr Consultant Orthopaedic and Spine Surgeon  
Apollo Specialty Hospital, Tiruchirapalli.*

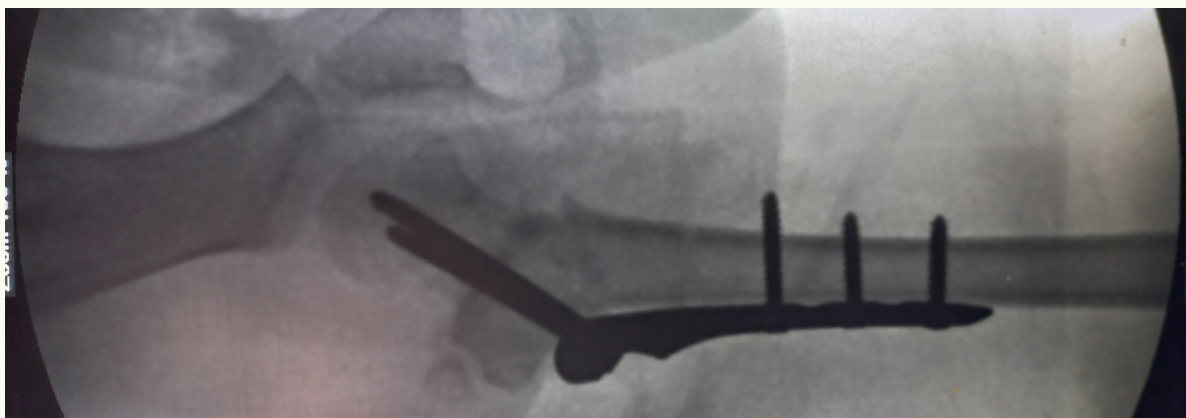
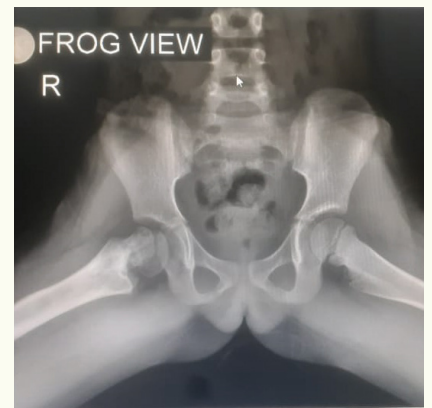


One and half year old healthy girl was brought to OPD for intoeing of gait and sitting in W position. Increased anteversion at hip was noted. Clinically reassured and advised regular follow up. However she was lost to follow up and presented at 4 1/2 years of age as a healthy girl with progressive limp, painful right hip and the difficulty sitting cross legged for past three months.

Clinical examination showed no fixed deformities. Restriction of abduction and external rotation of the right hip with the shortening of about 3cm. Systemic examination was normal. No past medical history worthy of note. Blood tests including Alkaline phosphatase and inflammatory markers were normal for her age.

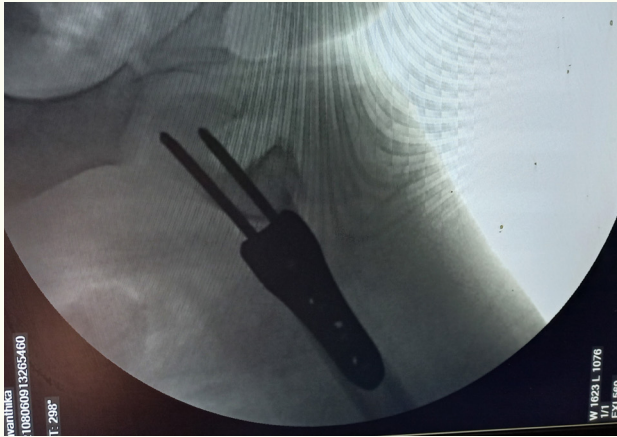


Plain X-ray showed an osteolytic lesion in the neck of femur with bony irregularity and coxa vara. CT scan confirmed the above findings and in addition showed posteriorly displaced epiphysis. MRI showed irregularity in the neck; no bone edema or acute fracture. A working diagnosis of fibrous dysplasia with pathological fracture neck of femur was made.



She underwent a proximal femoral osteotomy lesser trochanter level, core biopsy of neck; fixation with paediatric trochanteric osteotomy locking plate with valgisation.

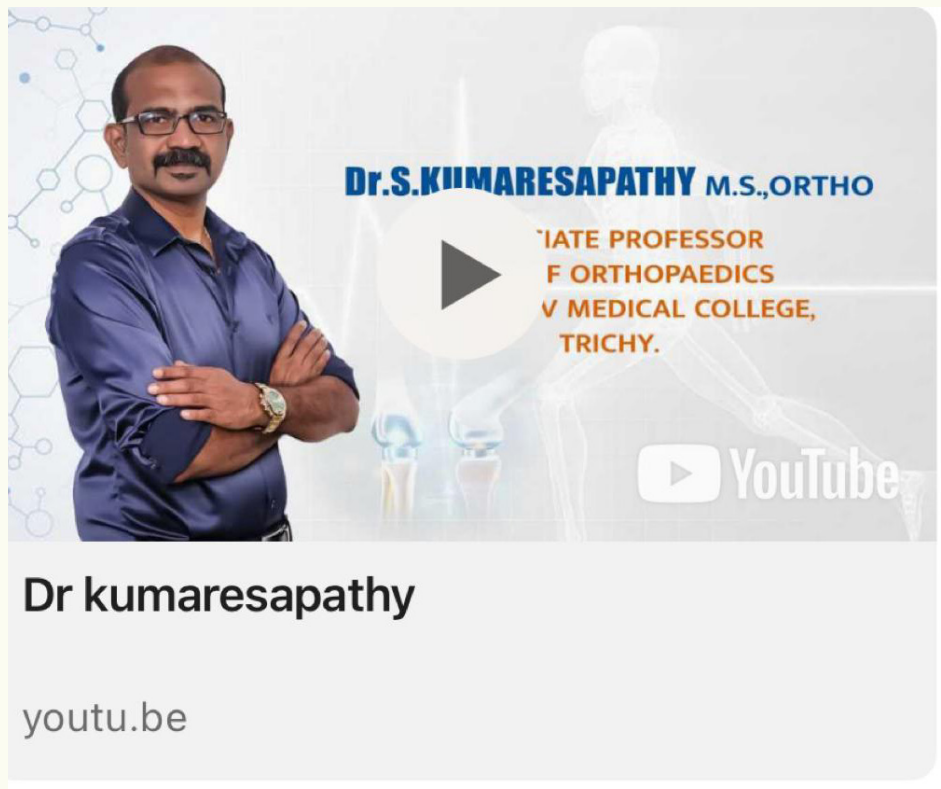
Good compression at osteotomy site was achieved with the correction of neck shaft angle. Shortening was reduced to less than one cm. Histopathological examination came as non specific.



Post operatively she was kept non weight bearing for six week. Serial xrays showed sound union of osteotomy and improvement in bony texture off neck suggesting good consolidation of bone in next four months. At six months postop implants were removed. Neck shaft angle was maintained. That lesion had completely healed; child walks without a limp and is able to sit cross legged with good restoration of function.

This case presented to highlight the rarity in diagnosis, difficulty in decision-making and diligence in execution of osteotomy and metal work placement without interference with the proximal capital epiphysis. By correction of deformity of neck and weight bearing alignment the lesion in the neck has healed.

# Members Achievement



*Prof. Dr. Kumerasapathy made a wonderful talk in the YouTube discussing about the current concepts and understandings of the Trochanteric fracture hip*

## International Conference on the Hand and Microsurgery, Cairo, Egypt 22-24th February 2023

Dr. J. Terrence Jose Jerome was invited to deliver the Guest lecture on Peripheral nerve injuries and disorders, a Panel discussion with Dr.Nash Naam, and Instructional course lectures on WALANT in FPL injuries




Indo - Egypt relationship dates from the significant Ashoka period, richly followed by Mahatma Gandhi and Saad Zaghloul ( independence of their countries), and the relationship further blossomed into an exceptionally close friendship between Gamal Abdel Nasser and Jawaharlal Nehru



*Indeed, Indo-Egypt friendship will continue now and forever*








**SRINIVASAN MEDICAL COLLEGE AND HOSPITAL**  
Samayapuram, Trichy - 621112

Solicit your esteemed presence on the occasion of

**CME**  
**MODERN TRENDS IN THE MANAGEMENT OF PAIN**



**PAIN MANAGEMENT**

on 21 January 2023, Saturday  
at 9.00 am

Venue: Lecture Hall - I,  
Academic Block

\* TNMC - Credit Hours for Participants - 1

**AGENDA**

9.00 am - 9.30 am	Registration
9.30 am - 10.00 am	Inauguration, Tamil thal Vazthu Welcome Address by Dr. S. Tamilarasi, Professor and Head Department of Pharmacology Felicitation by Vice Chairman, Registrar & Dean
10.00 am - 10.30 am	Pain Pathways Dr. Priyadharshini, MD Senior Resident, Physiology
10.30am - 11.00am	Drugs in Alleviating Pain Dr. Felix Antony, MD Department of Pharmacology, SMCH
11.00 am - 11.15 am	Tea Break
11.15 am - 12.00 pm	Modern trends in the Management of Pain in Intensive Care Unit Dr. Baranidharan, MD (Anesthesia), Apollo Specialty Hospital, Trichy
12.00 pm - 12.45 pm	Recent trends in the Management of Neuropathic Pain Dr. Ravi Kumar, Professor and Head, Department of Neurology Tanjore Medical College, Tanjavur
12.45 pm - 1.30 pm	Lunch Break
1.30 pm - 2.15 pm	Modern trends in the Management of Terminal Pain in Cancer Patients Dr. Gurumurthy, MS (Surgical Oncologist), Madurai Medical College, Madurai
2.15 pm - 3.00 pm	Modern trends in the Management of Arthritic Pain Dr. P. Ram Prasad, MS (Orthopaedics) Trichy SRM, Trichy
3.00 pm - 4.00 pm	Quiz Program for Students
4.00 pm - 4.15 pm	Vote of Thanks
4.15 pm	National Anthem

*The Management,  
Vice Chancellor, Registrar,  
Deans, Faculty, Staff &  
Students*

*All are Welcome*





*Dr Ram Prasath Delivered talk in SRINIVASAN MEDICAL COLLEGE SAMAYAPURAM  
about MODERN TRENDS IN MANAGEMENT OF ARTHRITIC PAIN on 21 jan 2023  
which got 2 credit point by TNMC*





Dr karthick vaiyapuri Presented “*Rotator cuff integrity assessment after manipulation in adhesive capsulitis shoulder*” during the shoulder arthroscopy session in tnoacon2023.

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